



EPISÓDIO #169

Síndrome Pré-menstrual

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Pode ter sido em um texto, em uma notícia do jornal, da TV, ou até em uma conversa de bar. É possível, provável até que você mesmo tenha uma história pra contar. Enfim: eu tenho certeza que você já ouviu falar, ou já falou algo, sobre a Síndrome Pré-Menstrual, a famosa “TPM”. Mas será que você, de fato, sabe reconhecê-la, entendê-la, tratá-la? Ficou na dúvida? Aproveita que no episódio 169 do PQU Podcast, a gente faz uma revisão sobre esse tema tão importante e tão presente no nosso dia a dia!

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